

OCPA E-Alert

March / April 2010



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- Veggie/Vegan Luncheon/Dinner Club – Sunday, April 4th at 6:00 p.m. at the Loving Hut in Orange
- The Future of Animal Law Conference – Friday – Sunday, April 9-11th at Harvard Law School
- Circus Demonstrations at Circo Vazquez – Saturday, April 10th at 4:00 p.m. at Salt Lake Park in Huntington Park and Shrine Circus – Sunday, April 11th at 1:00 p.m. in Los Angeles
- Tabling at the Irvine Lake Mud Run – Saturday/Sunday, April 10-11th 7-2:00 in Silverado

Action Items

- Tell Canada to End Annual Seal Slaughter
- Help Put an End to the Cruel Iditarod
- Urge Congress to Pass the *Prevention of Farm Animal Cruelty Act* and the *Healthy School Meal Act*
- Contact Discovery Communications to Discourage Airing of Sarah Palin on Alaska Nature Show (and Ask Congress to Support the *Protect America's Wildlife [PAW] Act* to Stop the Aerial Gunning of Wolves)
- Sign Petitions to Help Animals

Upcoming Events – OCPA and Other

- Animal Liberation Forum – Thursday – Sunday, April 15-18th at CSU in Long Beach
- "Do Unto Others" Animals and Religion Conference – Friday, April 16th at 9:30 a.m. to 8:00 p.m. at Chapman University in Orange
- World Week for Animals in Laboratories – April 17th – 24th – Various Activities (Opportunity to Help End Animal Experimentation and Support the *Great Ape Protection Act*)
- Foie Gras Demonstration – April 18th
- Vegan Earth Day – Thursday – April 22nd – Various Activities and Locations
- Potluck/Presentation by Anthony Marr - Sunday, May 2nd at 5:00 p.m. in Santa Ana
- Dinner at Au Lac (Verbal Style) – Thursday, May 6th at 6:45 p.m. in Fountain Valley
- Worldfest – Sunday, May 16th at Woodley Park in Encino
- Veggie Pride Parade – Sunday, May 16th in New York City
- Whole Foods for Health and Weight Loss Speaking Engagement with Dr. Janice Stanger – Friday, May 21st at 7:00 p.m. in Irvine
- AR East Conference – July 15-19th in Washington, DC

Special Note: If you would like to receive occasional email notifications of outreach and volunteer opportunities – and local demonstration information – please respond to julie.meskell@ocpausa.org to have your e-mail address included in a separate contact list. Thank you and we look forward to seeing you out and about this year on behalf of the animals.

OCPA has a [Myspace.com page](#) and [Facebook page](#). We also have a meetup page: <http://www.meetup.com/OCPAUSA/>. Check them out often for the latest details on local OCPA demonstrations and other animal-related events.

Good News for the Animals!

The Cove Wins Best Documentary at the Academy Awards

The Cove recently won the Best Documentary Academy Award, a major victory for dolphins. The film focuses on the slaughter and consumption of dolphins in Japan, and aims to prevent their capture and imprisonment in captivity.

Stray Cat Alliance and No Kill Advocacy Center File Motion to Defend Feral Cats in L.A.

Stray Cat Alliance (SCA) joined the No Kill Advocacy Center (NKAC) in filing a motion to intervene in Los Angeles Superior Court to defend free-roaming cats in place of the City of Los Angeles, whose decision to appeal the matter of Urban Wildlands v. City of Los Angeles is still pending. This is a major step in the right direction to uphold the rights of free-roaming cats to exist.

Fur Labeling Legislation Passes Assembly Judiciary Committee

AB 1656 passed the Assembly Judiciary Committee with unanimous support. This legislation will require all garments sold in California that are made of animal fur to say so on the label. The legislation comes after investigation in the Los Angeles, San Francisco and Sacramento areas found unlabeled fur jackets for sale at well-known stores, in several instances being described by the salespeople as “fake fur.” The bill then headed to the assembly floor where it received bipartisan support; if adopted, California will join Delaware, New Jersey, New York, Massachusetts and Wisconsin by becoming the sixth state with a fur labeling law.

Utah Takes Steps to Protect Former Pets by Ending Pound Seizures

HB 107 was recently signed into law. This bill removes the language stating that shelters are required to relinquish dogs and cats to research institutions. Utah was one of only three states that still required shelters to turn over animals to be used in research, testing, and education, a practice called “pound seizure.”

Elephants Win Protection at UN Endangered Species Session

A critical victory for elephants was recently won at a summit to protect elephants from the ivory trade. An African Elephant Coalition petition was signed by 500,000 people worldwide and helped to win protection for elephants at a UN Endangered Species session. Two African governments (Tanzania and Zambia) were trying to open the worldwide ban on ivory trading – a decision that could have wiped out whole elephant populations and bring them closer to extinction. Another group of African states countered by calling to extend the trade ban for another 20 years. The fight continues to stop the ongoing illegal poaching of elephants for ivory...

Karley's Murderer Sentenced to Jail Time, Community Service and Anger Management Classes

Ex-Los Angeles Assistant Fire Chief, Glynn Johnson, was recently sentenced after being convicted of felony animal cruelty charges in January. His sentencing included 90 days in jail, three years probation, and 400 hours of community service. He was also sentenced to 16 weeks of anger management classes. Justice4Karley supporters were hoping Johnson would receive the maximum sentence of four years for

killing six-month old puppy, Karley. This case has been taken further than any other animal cruelty case and Johnson is now a convicted felon who is not allowed to own a firearm, must avoid Karley's family, and is no longer allowed to vote. The civil case against Johnson is still moving forward.

U.S. Court of Appeals Recognizes CA Right to Provide Greater Protection to Downed Animals

In 2008, California passed a law creating protections for downed animals too sick or injured to stand. The meat industry was not pleased with this new law and filed suit to challenge it. The U.S. Court of Appeals recently recognized California's right to provide greater protections to downed animals by refusing to protect big agriculture at the expense of animals.

Alexandria, VA Becomes Second City to Pass Green Foods Resolution

Alexandria, VA became the second city in the nation to pass a Green Foods Resolution. These resolutions encourage plant-based eating as an important tool in lowering one's carbon footprint. According to a 2006 United Nations report, animal agriculture is responsible for more greenhouse gases than all the cars, trucks, planes, trains, and ships in the world *combined* and is one of the leading causes of climate change. That's why one of the *most effective* ways to go green is to consume a plant-based diet. To introduce a Green Foods Resolution to your city council, visit [Farm Sanctuary's site](#) for more information and support for the process.

Action Items – Your Letters/Calls Needed

Tell Canada to End Annual Seal Slaughter

The largest slaughter of marine animals on Earth – the annual seal bloodbath – unfortunately started last month. Up to 388,000 baby seals are being bludgeoned, shot to death, and skinned for their coats. Last year, Canada's sealers felt the effect of actions by animal protection groups to pass a ban on seal products as the price for seal fur plummeted and the slaughter became less profitable for them. Of course, the seal-fur traders are searching for new markets and seeking ways to raise the price of seal fur once again by finding new buyers in countries such as China.

Please help send a strong message to Canada's prime minister to end its annual seal slaughter. You can send an automatic message via the [Humane Society's action page](#) and also sign [PETA's petition](#).

Help Put an End to the Cruel Iditarod

Six dogs died in the 2009 race, including two dogs on Dr. Lou Packer's team who froze to death in the brutally cold winds. What happens to the dogs during the Iditarod includes death, paralysis, frostbite (where it hurts the most!), bleeding ulcers, bloody diarrhea, lung damage, pneumonia, ruptured discs, viral diseases, broken bones, torn muscles and tendons and sprains. During training runs, Iditarod dogs have been killed by moose, snowmachines, and various motor vehicles, including a semi tractor and an ATV. They have died from drowning, heart attacks and being strangled in harnesses. Dogs have also been injured while training. They have been gashed, quilled by porcupines, bitten in dog fights, and had broken bones, and torn muscles and tendons. Most dog deaths and injuries during training aren't even reported. Dog beatings and whippings are common.

Iditarod dog kennels are puppy mills. Musher's breed large numbers of dogs and routinely kill unwanted ones, including puppies. Many dogs who are permanently disabled in the Iditarod, or who are unwanted for any reason, are killed with a shot to the head, dragged, drowned or clubbed to death.

Please help end the horrific treatment of dogs by sending protest emails to organizations that support the Iditarod. For more information on how you can help put an end to this cruel "sport," visit the Sled Dog Action Coalition site at <http://www.helpsleddogs.org> for a list of race supporters/sponsors including contact information and a sample letter.

Urge Congress to Pass the Prevention of Farm Animal Cruelty Act and the Healthy School Meal Act

Two recently introduced federal bills will make a huge difference for farm animals by reducing suffering and promoting compassion.

Each year, the federal government spends more than \$1 billion on animal products for programs like the National School Lunch Program. The *Prevention of Farm Animal Cruelty Act*, HR 4733, will prevent the federal government from spending any of this taxpayer money on products from animals raised in veal crates, gestation crates or battery cages.

Visit [Farm Sanctuary's action page](#) to send a message to your U.S. representative to support this important legislation.

The *Healthy School Meals Act*, HR 4870, would provide financial incentives to school districts that provide their students with plant-based food options and non-dairy beverages. By educating students about the dramatic benefits of adopting a plant-based diet for the animals, the environment and their health, this law would have a tremendous impact. [Contact your legislators now](#) and ask them to support the *Healthy School Meals Act*.

Contact Discovery Communications to Discourage Airing of Sarah Palin on Alaska Nature Show (and Ask Congress to Support the Protect America's Wildlife [PAW] Act to Stop the Aerial Gunning of Wolves)

Discovery Communications announced a new Alaska nature show starring Sarah Palin – the same Sarah Palin who escalated Alaska's war on wolves and offered a 150-dollar bounty for the severed front-forelegs of dead wolves. The same Sarah Palin who fought against increased protections for America's struggling polar bear populations. And the same Palin who fought against the increased protections for the dwindling Cook Inlet beluga whales.

It is troubling that Discovery Communications – known for their stunning wildlife-focused productions – would choose to embrace such a controversial and anti-wildlife person as Sarah Palin to represent Alaska and the wildlife that lives there.

Visit the [Defenders of Wildlife action page](#) to send a message to Discovery Communications asking them to drop Palin from this show. Also visit another [action page](#) to urge your U.S. representative and senators to support the Protect America's Wildlife (PAW) Act, vital legislation to end Alaska's terrible aerial gunning program.

Sign Petitions to Help Animals

Please take a few moments to add your name to several petitions circulating on behalf of the animals:

- [Stop cruel chaining of dogs in NY](#) (Change.org)
- [Speak against the abuse of dairy cows](#) (The Petition Site)
- [Tell Stop & Shop to stop microwaving lobsters](#) (PETA.org)
- [We need laws for animal pounds/services/shelters](#) (The Petition Site)
- [Ban the gas chamber for animals in Michigan](#) (The Petition Site)
- [A dog's life and his death in the European Union](#) (The Petition Site)

Recent OCPA Activities

Foie Gras Demonstrations – Various Dates in March and April

OCPA's foie gras campaign is still going strong. We held peaceful demonstrations on the following dates at Marche' Moderne Restaurant at South Coast Plaza in Costa Mesa, as it continues to serve foie gras:

- Sunday, March 14th at 12:00 noon
- Sunday, March 21st at 12:00 noon
- Sunday, March 28th at 12:00 noon

Note: We will return to Marche' Moderne on Sunday, April 18th at 12:00 noon for another peaceful demonstration to help convince the restaurant's management to remove foie gras from their menu.

Foie gras is produced by force-feeding lard and other matter through a rough steel pipe shoved down ducks' throats three times a day. The intent is to overfeed the ducks until their livers swell to ten times their normal size. The swollen and diseased livers are then served as a delicacy called "foie gras." The ducks suffer intense pain and severe injuries that often result in ruptured organs. This practice is so injurious and debilitating to the ducks and geese that they are unable to walk or stand. Foie gras is not just unhealthy for the ducks; humans who eat the diseased liver are consuming a near toxic food that is 85% fat.

OCPA and Animal Protection Rescue League's (APRL), along with many SoCal activists, have successfully convinced a number of local restaurants to take foie gras off of their menus, including Five Feet, The Sky Room, DaVinci's, Mr. A's, Hammamori, French 75, The Winery and Laurel's.

For more information and updates about the schedule of events, visit <http://www.meetup.com/OCPAUSA/>.

Canadian Seal Hunt Demonstration in Long Beach – Sunday, March 14th between 4:00 and 6:00 p.m.

OCPA members met on Sunday, March 14th in Long Beach from 4:00 to 6:00 p.m. to help educate the public about the cruel annual Canadian seal hunt by handing out leaflets on a busy street corner.

Canada's annual seal hunt is the largest commercial hunt of marine mammals on the planet. Harp seals are the primary target of the hunt, and to a much smaller extent, hooded seals. In 2006, 98 percent of the harp seals killed were pups under just three months of age. Facing harsh criticism the world over because of the hunt's cruelty and unsustainability, the Canadian Parliament recently staged a grotesque meal of seal meat in a bizarre protest against the European Union's banning the import of seal products.

For more information on the Canadian seal hunt, visit:

http://www.hsus.org/marine_mammals/protect_seals/about_the_canadian_seal_hunt/. Also visit the [Action Items](#) section of this e-alert for more information on how you can help end this barbaric ritual.

Meatout Events – Showing of Eating on March 18th at Yoga Body and Soul in Anaheim and Leafleting at Mother's Market in Costa Mesa on March 20th

OCPA hosted two local events in honor of Meatout.

Since the event featuring vegan bodybuilder, Kenneth G. Williams, was postponed, OCPA instead showed "Eating" on Thursday, March 18th at 7:00 p.m. at Yoga Works, 1835 Newport Blvd., Costa Mesa, CA 92627; phone: (949) 642-7400.

Attendees enjoyed vegan snacks while learning more about the many benefits of adopting a plant-based diet.

On Saturday, March 20th, OCPA members met at 11:00 a.m. at Mother's Market, 225 E. 17th Street, Costa Mesa, CA 92627, to table and distribute literature to shoppers about the benefits of a plant-based diet for the animals, the environment and for our health. Among Mother's Market shoppers were many potential vegans or "pre-vegans," as Will Tuttle so eloquently puts it.

Other Meatout events occurred on or around March 20th throughout all 50 U.S. states and two dozen other countries publicizing the benefits of plant-based eating. Observed annually since 1985, this year marked Meatout's 25th anniversary. Activities included leafleting, information tables, exhibits, feed-ins, video screenings, walks, festivals, and more. This year's theme was "Eat for Life – Live Vegan!" For more information, visit <http://www.meatout.org/action.htm>.

Drinks and Dinner – Sunday, March 28th at 5:00 p.m. at the Veggie Grill in Irvine

Attendees enjoyed an evening of tasty vegan food (including free samples of new menu items, nachos and mac-n-cheese), drinks and mingling at The Veggie Grill on Sunday, March 28th at 5:00 p.m.

The Veggie Grill is located at 4213 Campus Drive, Irvine, CA 92612; phone: 949-509-0003. Visit <http://www.quarrygirl.com/2009/12/16/veggie-grill-chees/> for pictures and more information.

Dinner at Au Lac (Verbal Style) – Thursday, April 1st at 7:00 p.m. in Fountain Valley

OCPA members and friends met on Thursday, April 1st at 7:00 p.m. to savor Au Lac's great vegan food while honing skills in diplomacy and public speaking, making new friends who share common values, and learning about the latest issues in nutrition, the environment and animal rights.

A "Verbal Vegans" dinner is a unique opportunity for personal growth and empowerment. Learn more about Verbal Vegans at <http://www.meetup.com/verbal/>. Check out short texts exploring techniques for diplomacy, persuasion, and public speaking at <http://www.meetup.com/verbal/files>.

Au Lac is located at 16563 Brookhurst Street, Fountain Valley, CA 92708; phone: (714) 418-0658.

Honeybaked Ham Demonstration – Saturday, April 3rd at 10:00 a.m. in Santa Monica

OCPA members met on Saturday, April 3rd at 10:00 a.m. to help support the pigs and educate the public at the 9th annual day-before-Easter Honeybaked Ham demonstration at 2635 Wilshire Blvd., Santa Monica, CA 90403.

This WAS Honeybaked Ham's busiest day of the year, but due to our continued presence their business has been cut by 90%.

Veggie/Vegan Luncheon/Dinner Club Meeting – Sunday, April 4th at 6:00 p.m. at the Loving Hut in Huntington Beach

OCPA members and friends met on Sunday, April 4th at 6:00 p.m. for the monthly veggie/vegan luncheon/dinner club meeting at the Loving Hut in Huntington Beach.

This Loving Hut is located at 19891 Brookhurst Street, Huntington Beach, CA 92646; phone: 714-962-6449; website: <http://m.lovinghutcuisine.com/default.asp>.

We meet every first Sunday of the month at a different vegetarian/vegan restaurant. Stay tuned for upcoming e-alerts or visit <http://www.meetup.com/OCPAUSA> for information about more of these types of gatherings in the future.

The Future of Animal Law Conference – Friday – Sunday, April 9-11th at Harvard Law School

Attorneys, law students, professors, and activists from around the world convened at Harvard Law School for ALDF's "Future of Animal Law" conference, held from Friday to Sunday on April 9-11th. Sponsored by the Animal Legal Defense Fund, this conference explored vital issues relative to animal law and activism.

OCPA board member, Dina Kourda, spoke to a Girl Scouts troop (ages 11 to 13) about factory farming and its impact on the environment. The girls asked many good questions and were very interested and open to veganism. Dina also distributed Veg starter kits and PETA/IDA stickers, and discussed the impact of factory farming on the environment.

For more information about the conference, visit: <http://www.aldf.org/article.php?list=type&type=156>.

Circus Demonstrations at Circo Vazquez – Saturday, April 10th at 4:00 p.m. at Salt Lake Park in Huntington Park and Shrine Circus – Sunday, April 11th at 1:00 p.m. in Los Angeles

Two separate circus demonstrations were held over the weekend of April 10th and 11th:

- Circo Vazquez, Saturday, April 10th at 4:00 p.m. at Salt Lake Park, 3401 E. Florence, Huntington Park, CA
- Shrine Circus, Sunday, April 11th at 1:00 p.m. at Shrine Auditorium near USC, 665 W. Jefferson Blvd., Los Angeles, CA

A good turnout of demonstrators (approximately 30 and 40 respectively) helped to educate the public about the many animals abused in this industry called "entertainment," including several elephants, camels, horses, and dogs. Several families turned away and decided not to go in to the circus after hearing the truth about how these animals are treated.

In light of recent incidents where a circus elephant in Pennsylvania and a whale at Seaworld both killed their trainers, it is especially important to remind people that wild animals should never be held captive and subjected to cruel training and treatment in the name of entertainment – and that to do so is also very dangerous to humans.

More circus demonstrations will be scheduled throughout the spring and summer.

Tabling at the Irvine Lake Mud Run – Saturday/Sunday, April 10-11th 7-2:00 in Silverado

OCPA tabled and distributed literature at the Irvine Lake Mud Run over the weekend of April 10th/11th at Irvine Lake, 5305 Santiago Canyon, Silverado, CA 92676, to help educate mud-covered participants about the benefits of adopting a plant-based diet.

For more information, visit www.irvinelakemudrun.com.

Upcoming Events – OCPA and Other

OCPA has a [Myspace.com page](#) and [Facebook page](#). We also have a meetup page: <http://www.meetup.com/OCPAUSA/>. Check them out often for the latest details on local OCPA demonstrations and other animal-related events. A special thanks to Tracey Turner, Jennifer Tan and Dave Simon for their help in setting up and maintaining these pages/sites for OCPA.

Animal Liberation Forum – Thursday – Sunday, April 15-18th at CSU in Long Beach

Last spring, Cease Animal Torture (CAT - <http://www.ceaseanimaltorture.org/forum.htm>) launched their first ever Animal Liberation Forum in April 2009 at California State University Long Beach. CAT's Forum was the first conference concerning animal rights in all of CSULB's 60-year history. Earthlings Director, Shaun Monson, Stewart Soloman from Vegan Outreach, Greg Kelly co-founder of Win Animal Rights (WAR), Nik Hensey from No Compromise, and Dr. Jerry Vlasak MD were some of the amazing speakers that participated. Several animal rights organizations including veganTHIS, OCPA and North American Animal Liberation Press Office (NAALPO) tabled the event as well.

CAT will be holding its second annual Animal Liberation Forum on Thursday, April 15th through Sunday, April 18th at CSU in Long Beach.

Animal Liberation Forum 2010 is a FREE four-day conference in Long Beach, CA calling for a total abolitionist movement and animal liberation to action. Topics ranging from feminism, animal liberation, direct action and veganism will be discussed and strategized through speakers, panels, workshops and film screenings.

Two of OCPA's board members, Dina Kourda and Charlotte Cressey, will both speak at this forum about the impact of factory farming on the environment and the benefits of adopting a plant-based diet:

- Thursday, April 15th at 6:00 p.m. - Lecture Hall 151 (LH 151)
- Friday, April 16th at 11:00 a.m. – Liberal Arts 3 (LA 3)

- Saturday, April 17th and Sunday April 18th at 11:00 a.m. – College of Business Administration (CBA)

If you would like to volunteer or get involved with planning for the AL Forum 2010, please send an email to animalliberationforum@yahoo.com.

“Do Unto Others” Animals and Religion Conference – Friday, April 16th at 9:30 a.m. to 8:00 p.m. at Chapman University in Orange

Titled, *“Troubling Recognition: Seeing Animals, Seeing Ourselves,”* the second annual “Do Unto Others” Conference will be held on Friday, April 16th between 9:30 a.m. and 8:00 p.m. at the Chapman University in Orange.

This conference invites scholarly, religious and activist reflection on the mutually transforming possibilities of seeing and being seen by other animals. The keynote speaker at this event is Paul Berry, longtime animal advocate and former CEO of Best Friends Animal Society. The day will consist of presentations, panels and opportunities that enrich understanding and inform advocacy.

For a schedule and other information, visit <http://www.animalsreligion.org/conferences.htm> or contact animalsandreligion@gmail.com.

This conference is sponsored by Interreligious Voices for Animal Compassion (IVAC), <http://www.animalsreligion.org>. Interreligious Voices for Animal Compassion promotes advocacy and compassionate living on behalf of animals by engaging with a variety of religious, ethical, philosophical, and spiritual perspectives, recognizing that religion and spirituality play a significant role in shaping how humans understand and treat other living beings. Our goal is to engage the hearts and minds of people of faith, scholars, faith leaders, and activists on issues facing non-human animals in order to expand the circle of compassion beyond human beings, and to empower faithful action.

World Week for Animals in Laboratories – April 17th – 24th – Various Activities (Opportunity to Help End Animal Experimentation and Support the Great Ape Protection Act)

Help make this year’s World Week for Animals in Laboratories (WWAIL), April 17th – 24th, the most effective yet by speaking out against the use of animals in testing and research.

Visit www.WWAIL.org to request literature and to learn about the many ways that you can get involved. Or contact Hope Bohanec: hope@idausa.org, 415-448-0058.

The U.S. is the last known country to conduct invasive experimentation on chimpanzees. H.R. 1326, if passed, would effectively end all known chimpanzee experimentation, not only in the U.S., but in the entire world.

The Great Ape Protection Act, H.R. 1326, would ban all invasive research on great apes and would grant all great apes "owned" by the government permanent retirement to sanctuaries. This bill would dramatically improve the lives of about 1,200 chimpanzees currently housed in U.S. laboratories and would ensure that about 600 of these chimpanzees live out the rest of their natural lives in sanctuaries.

The bill is now in the House Committee on Energy and Commerce. When the Great Ape Protection Act was first introduced in 2008, only 29 co-sponsors supported it. In March 2009, Representative Edolphus Towns of New York re-introduced the bill with 22 initial co-sponsors and, by September, that number had grown to 67 co-sponsors. Today, the bill has 142 co-sponsors!

Please use IDA’s action page to [urge Congress](#) to support this important legislation. You can also visit [HSUS’s action page](#) to tell EPA to make the reduction of animal testing a top priority for the agency.

Foie Gras Demonstration – April 18th

Help OCPA demonstrate against foie gras at Marche’ Moderne Restaurant in South Coast Plaza on Sunday, April 18th, at 12:00 noon. We’ve attempted unsuccessfully to convince the restaurant’s management to take foie gras off their menu. Now it’s time to explain to their lunchtime customers that foie gras is cruel, and those who support Marche’ Moderne support cruelty.

Marché Moderne, 3333 Bristol Street, Costa Mesa, CA 92626; phone: 714.434.7900.

We'll have signs and banners; we just need your presence to help the animals. Visit the [Recent Events](#) section of this e-alert for more information about this ongoing campaign. Also visit OCPA's meetup site at <http://www.meetup.com/OCPAUSA/calendar/13105096/>.

Vegan Earth Day – Thursday, April 22nd – Various Activities and Locations

Celebrate vegan earth day on Thursday, April 22nd by educating the public that animal agriculture is responsible for more greenhouse gases than all forms of transportation combined, and that we can help the planet by leaving animal products off our plates.

Visit FARM's site at <http://www.biteglobalwarming.org/active.htm> to discover how you can become involved.

Potluck/Presentation by Anthony Marr - Sunday, May 2nd at 5:00 p.m. in Santa Ana

In lieu of its monthly veggie/vegan dinner, OCPA is sponsoring a fun potluck and presentation by Anthony Marr on Sunday, May 2nd beginning at 5:00 p.m.

OCPA board member, Julie Curran-Meskell, is hosting this event at her home located at 10881 Pembroke Drive, Santa Ana, CA 92705.

Founder and president of Heal Our Planet Earth (HOPE), Anthony Marr, will present information based on his book, "*Homosapiens, Save Your Earth.*"

Prior to the presentation, those interested can join a "funeral motorcade" at 3:00 p.m. starting at Bill Barber Community Park, 4 Civic Center Plaza, Irvine, CA 92606, and ending at the potluck/presentation at 10881 Pembroke Drive in Santa Ana. Bring signs depicting the devastating ("deathly") effects of factory farming and the eating of animals on human health and the environment.

For more information, visit <http://www.meetup.com/OCPAUSA/calendar/13140276/>.

Dinner at Au Lac (Verbal Style) – Thursday, May 6th at 6:45 p.m. in Fountain Valley

Join OCPA members and friends on Thursday, May 6th at 6:45 p.m. and savor Au Lac's great vegan food while you hone your skills in diplomacy and public speaking, make new friends who share your values, and learn about the latest issues in nutrition, the environment and animal rights.

A "Verbal Vegans" dinner is a unique opportunity for personal growth and empowerment. Are you ready? Learn more about Verbal Vegans at <http://www.meetup.com/verbal/>. Check out short texts exploring techniques for diplomacy, persuasion, and public speaking at <http://www.meetup.com/verbal/files>.

Au Lac is located at 16563 Brookhurst Street, Fountain Valley, CA 92708; phone: (714) 418-0658. For more information and/or to RSVP, visit <http://www.meetup.com/OCPAUSA/calendar/ntnjnyhbjb/>.

Worldfest – Sunday, May 16th at Woodley Park in Encino

This year's Worldfest will be held on Sunday, May 16th at Woodley Park in Encino between 10:30 a.m. and 7:00 p.m. WorldFest is a solar-powered celebration of music, the environment, animals and humanity – helping people learn what they can do for the earth and its inhabitants.

The WorldFest 2010 Earth Day Festival will again be held at the beautiful outdoor setting of Woodley Park in Encino, CA. Attendees can enjoy a magnificent day filled with entertainment, education and enlightenment. The combination of great music, empowering speakers, environmental, humanitarian and animal welfare non-profits, kids' activities and a delicious food court make for an earth-friendly experience that is sure to be inspiring and enjoyable for all.

For more information, visit: <http://worldfestevents.com/>.

Veggie Pride Parade – Sunday, May 16th in New York City

Join hundreds of animal rights activists and vegetarians in New York City on Sunday, May 16th for the annual Veggie Pride Parade, an exhilarating public outreach event.

To learn how you can participate and why you should go, visit: www.veggieprideparade.org.

Whole Foods for Health and Weight Loss Speaking Engagement with Dr. Janice Stanger – Friday, May 21st at 7:00 p.m. in Irvine

Join OCPA on Friday, May 21st, at 7:00 p.m., for an exciting evening that will show you how to get maximum power from whole foods. This fun event, *Whole Foods for Health and Weight Loss*, will be held at The Goddess Temple of Orange County, 17905 Sky Park Circle, Suite A, Irvine, CA 92614.

Janice Stanger, Ph. D., author of *The Perfect Formula Diet*, will discuss six kinds of whole foods that are the basis for permanent health and weight loss. Based on over 1,000 scientific studies, this easy-to-follow plan will make 2010 your best year ever! Offering a new way of viewing our bodies and the food we eat, Dr. Stanger will show how to lose weight without hunger or cravings – and how to prevent, treat, and even reverse chronic disease. The presentation will surprise you as it bursts dangerous nutrition myths and suggests practical advice for planning, motivation, and getting toxic chemicals out of your life. As you detoxify and nourish yourself with the foods that nature intended, you will find yourself effortlessly feeling closer to nature and more spiritual.



Janice Stanger, Ph.D. authored *The Perfect Formula Diet*. She is a nutrition and health industry expert who has consulted with leading employers on improving workplace health. Learn more at www.perfectformuladiet.com

Dr. Stanger's eating plan is endorsed by leading researchers: T. Colin Campbell, Ph.D., author of *The China Study*; Dr. Neal Barnard, President Physicians Committee on Responsible Medicine; Joel Fuhrman, M.D., co-founder of Eat Right America and author *Eat to Live*; and John McDougall, M.D., founder of the McDougall Program and author *The McDougall Program for Women*.

Vegan refreshments will be served at 7:00 p.m., followed by Dr. Janice Stanger's presentation from 7:30 p.m. to 9:00 p.m. For more information, call 949-939-4860 or email: ocpeopleforanimals@yahoo.com. Please RSVP at: <http://www.meetup.com/ocpausa/calendar/>.

Note: Admission is free; donations are appreciated.

AR East Conference – July 15-19th in Washington, DC

Join the Animal Rights 2010 National Conference, the world's largest and longest-running annual gathering of animal activists – this year held on the East Coast between July 15th and 19th at the Hilton Alexandria Mark Center Hotel in Washington, DC.

This summer's event features more than 100 sessions (plenaries, workshops, raps, reports); concurrent tracks on animal abuse, organizing, tactics, ideology; eyewitness reports on the whale wars and other key campaigns; nearly a hundred speakers from 60 organizations (all viewpoints on animal liberation represented); talks by leaders of other social justice movements; awards to national, grassroots, young activists; extensive learning and networking opportunities; 90 exhibits (free to visitors); and 80 videos (including "Skin Trade" premiere).

For more information and/or to register for this event, visit: <http://www.arconference.org/>.

Thank you for everything you do for the animals!

Orange County People for Animals is a Southern California-based 501(c)3 non-profit animal advocacy organization founded in 1988 to help create a compassionate, healthy and peaceful planet for all living beings.

For more information about OCPA, visit our web site at <http://ocpausa.org>. To become an OCPA member or to make a donation using a secure online form, visit <http://ocpausa.org/join.htm>, e-mail donations@ocpausa.org or subscription@ocpausa.org for additional information.

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